

Anew

Well you can
Beat me with bananas
Smoke me with Havanas
Choke me til I'm blue in the face

It won't make that much difference
You haven't touched my essence
Yet that's, dear heart, what occupies our
space.

Remember when you were you
No harm could ever cut through
No matter what the weapon or the means

But then you left to be more
Forgot and locked up your door
Then ran out where some swore you
needed keys

That's when your own light left you
You fought for what was untrue
To no avail you started blaming me

Well you can
Bang away for hours
Drink those whisky sours
Until it's clear you never needed
Keys or things that need defeated

You are you and I am me
Once you really see
We're one and all
Forever free

So don't you ever put shame on yourself
Blame on yourself
You know you needn't bother shaming
Any one else
There just isn't any reason for regret
Even though you know we're living

Through tough times times
Remember
To forget

Just take a breath and feel it
Begin to see it heal it
Then feel the wind and be your friend
And let yourself remember
As it finds what's inside you
Define your self anew
You'll love the love that's you
Then you can also love me too.